

## NCUSD203 School Counseling Standards

| ASCA Mindsets  |  |  |
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| Academic Development Standards/Benchmarks  | Career Development Standards/Benchmarks  | Social & Emotional Development Standards/Benchmarks  |
| <p><b>M1:</b> Belief in development of the whole self, including a healthy balance of mental, social/emotional and physical well-being</p> <p><b>M2:</b> Self-confidence in the ability to succeed</p> <p><b>M3:</b> Sense of belonging in the school environment</p> <p><b>M4:</b> Understanding that postsecondary education and lifelong learning are necessary for long term career success</p> <p><b>M5:</b> Belief in using abilities to their fullest to achieve high-quality results and outcomes</p> <p><b>M6:</b> Positive attitude toward work and learning</p>   |  |  |
| <p><b>ISCA.A.A</b> Students will acquire the attitudes, knowledge and skills that contribute to effective learning in schools and across the lifespan.</p> <ul style="list-style-type: none"> <li>● <b>B-LS-1:</b> Demonstrate critical-thinking skills to make informed decisions</li> <li>● <b>B-LS-2:</b> Demonstrate creativity</li> <li>● <b>B-LS-3:</b> Use time-management, organizational and study skills</li> <li>● <b>B-LS-5:</b> Apply media and technology skills</li> <li>● <b>B-LS-9:</b> Gather evidence and consider multiple perspectives to make informed decisions</li> <li>● <b>B-LS-10:</b> Participate in enrichment and extracurricular activities</li> <li>● <b>B-SMS-3:</b> Demonstrate ability to work independently</li> </ul> | <p style="text-align: center;"><b><u>Career Exploration and Development</u></b></p> <p><b>ISCA.CD.A</b><br/>Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.</p> <ul style="list-style-type: none"> <li>● Identify and explore potentially satisfying occupations.</li> <li>● Develop effective strategies to realize career goals.</li> </ul> <p><b>ISCA.CD.B</b><br/>Students will employ strategies to achieve future career goals with success and satisfaction.</p> <p><b>ISCA.CD.C</b><br/>Students will understand the relationship between personal qualities, education, training and the world of work.</p> <ul style="list-style-type: none"> <li>● Develop an individualized learning plan to make career decisions.</li> </ul> | <p><b>SEL.1.C</b> Demonstrate skills related to achieving personal and academic goals.</p> <p><b>1C.4a.</b> Identify strategies to make use of resources and overcome obstacles to achieve goals.</p> <p><b>1C.5a.</b> Set a post- secondary goal with action steps, timeframes, and criteria for evaluating achievement.</p> <ul style="list-style-type: none"> <li>● <b>B-SMS-2:</b> Demonstrate self-discipline and self-control</li> <li>● <b>B-SMS-4:</b> Demonstrate ability to delay immediate gratification for long-term rewards.</li> <li>● <b>B-SMS-6:</b> Demonstrate ability to overcome barriers to learning</li> <li>● <b>B-SMS-7:</b> Demonstrate effective coping skills when faced with a problem.</li> <li>● <b>B-SMS-10:</b> Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities.</li> </ul>                                |
| <p><b>ISCA.A.B</b> Students will complete school with the academic preparation essential to choose from a wide-range of substantial postsecondary options, including college.</p> <ul style="list-style-type: none"> <li>● <b>B-LS-4:</b> Apply self-motivation and self-direction to learning</li> <li>● <b>B-LS-6:</b> Set high standards of quality</li> <li>● <b>B-LS-7:</b> Identify long- and short term academic, career and social/emotional goals</li> <li>● <b>B-LS-8:</b> Actively engage in challenging coursework</li> <li>● <b>B-SS-8:</b> <u>Demonstrate advocacy skills and ability to assert self, when necessary</u></li> </ul>  | <p style="text-align: center;"><b><u>College Exploration, Preparation, and Selection</u></b></p> <ul style="list-style-type: none"> <li>● Create education plan and map course of study.</li> <li>● Evaluate post-secondary pathway option in relation to personal skills and career goals.</li> <li>● Develop an individualized plan for post-secondary goals.</li> <li>● Understand post-secondary admission process, procedures, and timeline for accessing education/training.</li> <li>● Understand relationship between post-secondary plans and extracurricular/service activities.</li> </ul>  | <p><b>SEL.2.C:</b> Use communication and social skills to interact effectively with others.</p> <p><b>2C.4a.</b> Evaluate the effects of requesting support from and providing support to others.</p> <p><b>2C.5a.</b> Evaluate the application of communication and social skills in daily interactions with peers, teachers, and families.</p> <ul style="list-style-type: none"> <li>● <b>B-SS-1:</b> <u>Use effective oral and written communication and listening skills</u></li> <li>● <b>B-SS-2:</b> Create positive and supportive relationships with other students</li> <li>● <b>B-SS-3:</b> Create relationships with adults that support success.</li> <li>● <b>B-SS-4:</b> Demonstrate empathy</li> <li>● <b>B-SS-6:</b> Use effective collaboration and cooperation skills.</li> <li>● <b>B-SS-7:</b> Use leadership and teamwork skills to work effectively in diverse teams</li> </ul> |
| <p><b>ISCA.A.C</b> Students will understand the relationship of academics to the world of work, and to life at home in the community.</p> <ul style="list-style-type: none"> <li>● <b>B-SMS-5:</b> Demonstrate perseverance to achieve long- and short-term goals</li> <li>● <b>B-SMS-8:</b> Demonstrate ability to balance school, home and community activities.</li> </ul>  | <p style="text-align: center;"><b><u>Financial Aid and Literacy</u></b></p> <ul style="list-style-type: none"> <li>● Apply financial literacy skills to make post-secondary decisions.</li> <li>● Understand the financial impact of post-secondary plans in relation to career goals.</li> <li>● Develop knowledge and skills to complete financial aid application process for post-secondary education/training.</li> <li>● Understand terms and conditions related to scholarships and post-secondary loans.</li> </ul>  | <p><b>SEL.3.B:</b> Apply decision-making skills to deal responsibly with daily academic and social situations.</p> <p><b>3B.4a.</b> Evaluate personal abilities to gather information, generate alternatives, and anticipate the consequences of decisions.</p> <p><b>3B.5a.</b> Analyze how present decision making affects college and career choices.</p> <ul style="list-style-type: none"> <li>● <b>B-SMS-1:</b> Demonstrate ability to assume responsibility</li> <li>● <b>B-SMS-9:</b> <u>Demonstrate personal safety skills</u></li> <li>● <b>B-SS-5:</b> Demonstrate ethical decision making and social responsibility</li> <li>● <b>B-SS-9:</b> <u>Demonstrate social maturity and behaviors appropriate to the situation</u></li> </ul>   |