

Universidad para **Padres**



Parent**U**niversity

**College Bootcamp: A Parent/Student Collaborative
Approach to Post-Secondary Education.
College Changes Everything Conference.**

Araceli López

Who Should Be Getting Ready?



FIRST DAY OF SCHOOL



FIRST DAY OF COLLEGE



College-Bootcamp



Objective

Provide a learning community that increases parents' and students' personal growth, understanding of the education system, choices for higher education, awareness of financial aid, and how to support and encourage student's academic success and transition to higher education.

Goal

Instill a Higher Education culture in minority families.

Family Empowerment:



College Readiness for Parents



Personal Growth

- Leadership Opportunities
- Advocacy
- Empowerment
- Goal Setting/Plan of Action
- Acculturation Vs. Assimilation

K-12 Education System and Higher Ed.

- Awareness of the K-12 Education System
- Family and School Communication
- Requirements For Graduation
- Higher Education Options
- Financial Aid Opportunities
- Student Support

College Readiness for Students



Personal Growth

- Leadership Opportunities
- Self-Advocacy
- Empowerment
- Goal Setting/Plan of Action
- Acculturation Vs. Assimilation

Options and Responsibilities

- Higher Education Options
- Career Exploration
- School involvement
- Volunteer Work and Extra Curriculum Activities
- GPA
- Financial Aid
- Scholarship Search and completion
- College Application Process

Guidelines for Students and Parents



- Staying on Track
- Higher Education Options
- Career choices
- Paying for Post-Secondary Education
- Application Process



Stay on Track: Freshman Year



Freshman: Student and *Parent

- Start your high school career strong. Keep your GPA up.
- * Help your student with time management and goal setting
- Get involved! Participate in extra curriculum activities, volunteer in the community. This will help with scholarships.
- * Assist on finding volunteer opportunities and Activity guidance
- Begin creating a list of Academic Awards, Achievements, and Certificates
- * Keep your own list 😊



Stay on Track: Sophomore Year



Sophomore: Student and **Parent*

- Review your courses-AP, Dual Credit, Honors
- * Is your student taking challenging courses?
- Take advantage of virtual college visits
- * Help students set up campus visits
- Are you volunteering? What makes you stand out from your peers? *Scholarships providers look for this!
- * Help find volunteer opportunities.



Stay on Track: Junior



Junior: Student and *Parent

- Take the SAT or ACT
- * Help find a pre-SAT or ACT course or free online sources
- Start narrowing down post-secondary options
- * Help the student explore in and out of state tuition differences
- Start searching scholarships
- * Looking for scholarships is time consuming. Provide emotional support.
- Start looking at who can provide you letters of recommendation
- * Help students review who might be a possible source for these.



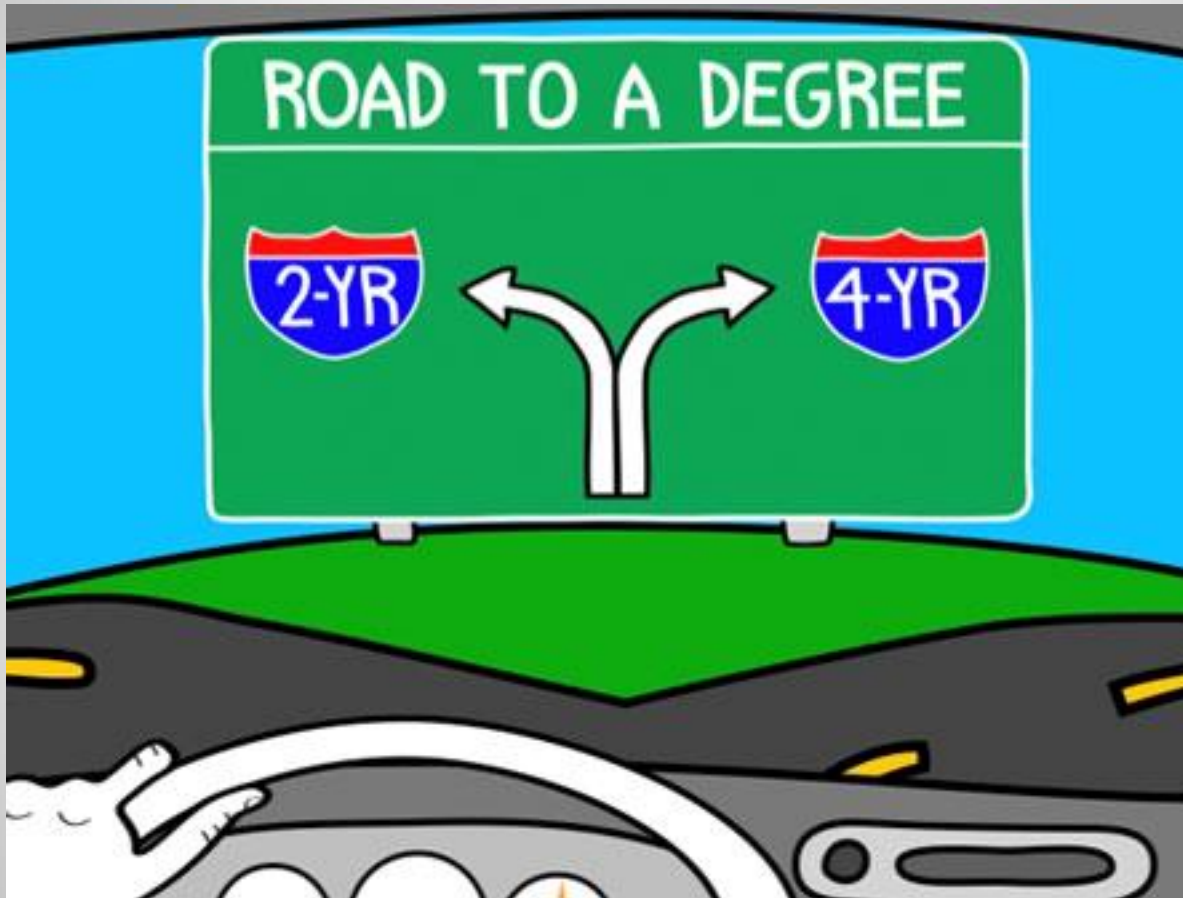
Stay on Track: Senior



Student and *Parent/ Senior

- Meet with your counselor to make sure you are on track to graduate.
- Apply for admission to as many post-secondary options as you want
- * Help student make a list of all the admission requirements
- Keep your grades up!
- * Friendly reminders and emotional support
- Complete and submit your FAFSA or Rice form
- * Help gather all the important documentation needed for these
- Complete any outstanding scholarship applications
- * Provide for quiet time to do so
- Review college acceptance and decide
- * For many, this decision is a family affair. Talk to your student

Higher Education Options?



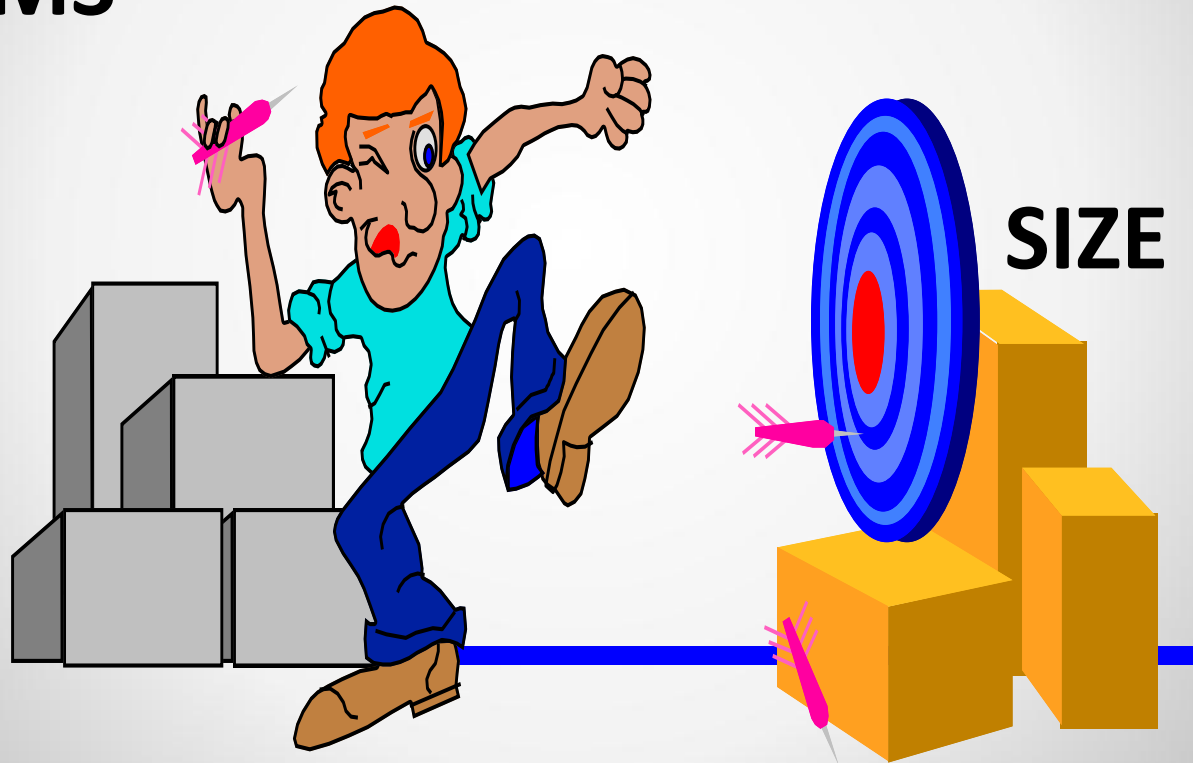
What to Consider?



**ACADEMIC
PROGRAMS**

LOCATION

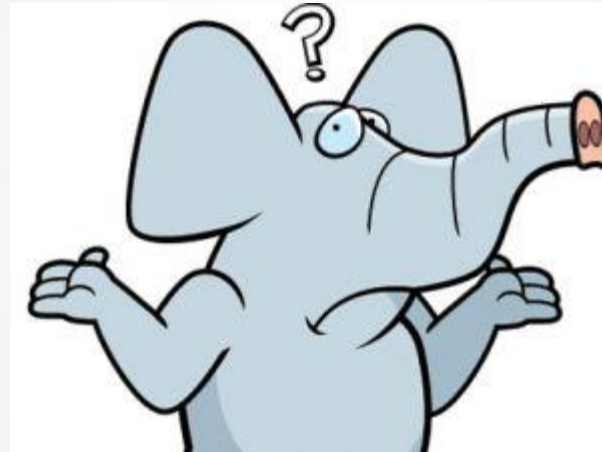
COST



SIZE

STUDENT SERVICES

Career Choices



Considering A Career



Student

Where do you start?

Do Career Interest Inventories to help narrow down what careers might be a good fit for you.

- Research your top career choices on the Interest Inventory.
- Free on-line tools: Career One Stop, O-NET, Or College Board.

Parent

While you student is searching and learning about different careers and themselves through Career Interest Inventories, you can:

- Help them narrow down their career list
- Encourage them to set up interviews, shadowing, or volunteer work with professionals from the top three career choices.



Considering a Career cont..



Parents

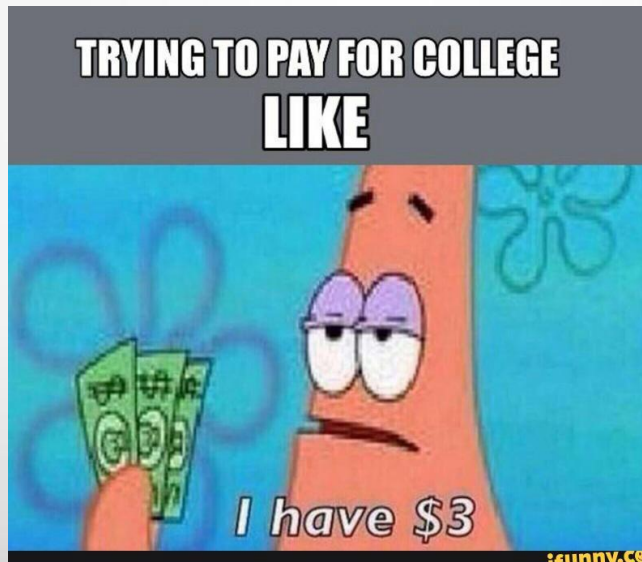
- If a student already has a major selected, help with requirements, deadlines, and paperwork
- For those who aren't sure, be reassuring. Ease them into taking intro classes, visit a school counselor, or take different inventory tests

Paying For Post-Secondary Education



INVESTMENT
v
consumption

Buyer beware! What are you paying for?
Read here



How Will I Pay For College?



Most of us have not had the opportunity to put money in a bank account to pay for college. So then, how can you? Let's look at Financial Aid.

Financial aid means any outside source of money that is used to pay for your education. These can include such options as *scholarships grants, work-study* opportunities, and *loans*.

Scholarships are money given to you to be used for educational expenses. These can be based on academic achievement, athletics, school activities, or financial need. Most scholarships have an application to fill out. *You do not have to pay scholarships back.*

Grants are specific amounts of money given to you either from the federal or state government or from a specific educational institution to help cover the cost of your education. *You do not have to pay grants back.*

Work-study refers to programs run by colleges where students work on campus. Students receive a paycheck, as they would for any other job, and can use the money for their education and living expenses.

Where Do I Begin?



Student

To begin the process of financial aid:

- Fill out a Free Application for Federal Student Aid (FAFSA) or the Rice Act Form for Illinois residents.
- Talk to your school counselor about local scholarships.
- Consider the scholarship search and application process as a part time job and work smart.

Parent

- Gather all the required documents to fill out the FAFSA or Rice form.
- Help the student keep track of the due dates.
- Provide the student the opportunity for quiet time to complete all scholarship applications.
- Provide the student with personal accountability

The College Application



Student

- Read each application carefully.
- Before starting, gather all information requested (transcripts, GPA, letters of recommendation, ACT or SAT results, volunteer and extra curriculum activities list, and class rank)
- Check if you qualify for an application fee waiver

Parent

- If possible, read the application with them.
- Help the student keep due dates for applications.
- Provide any parent information requested in the application.
- Sometimes the application will take more than one day to complete.



References:



- <http://npcpass.org/index.html>
- <https://www.niu.edu/admissions/index.shtml>
- <https://eric.ed.gov/?id=ED423328>
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